



# PLAQUEMAN<sup>SM</sup> ACTIVITY 2: How to Get Rid of Plaque

Name: \_\_\_\_\_

**PlaqueMan<sup>SM</sup> loves plaque! What is plaque?** The sticky film on teeth that causes tooth decay and cavities.

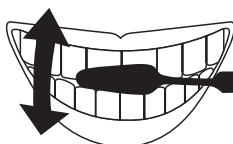
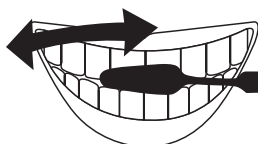
**How do we get rid of it?** By flossing and brushing our teeth!

**How does Tooth Wizard<sup>SM</sup> tell us to brush our teeth?** Circle the correct answer.

1. Side-to-side

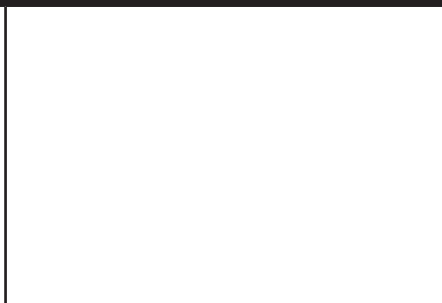
2. Up and down

3. In little circles



Brushing my teeth is important because \_\_\_\_\_

What happens when we **do** brush our teeth?



What happens when we **don't** brush our teeth?



To obtain these and additional dental health materials and dental health educational programming in your school, please contact us at [www.landofsmilesmo.org/request-appearance](http://www.landofsmilesmo.org/request-appearance). Or call or write us at: 314-656-3000/ Toll-Free 800-392-1167 or Delta Dental of Missouri, 12399 Gravois Road, St. Louis MO 63127.

 **DELTA DENTAL<sup>®</sup>**